



QUESTIONS?

To learn more about our services and how you can receive assistance as a parent, schedule your no-cost appointment with us today!

FETAL DEVELOPMENT

LMP- 10 WEEKS

- Heart begins to beat
- Brain, spinal cord, and nerves develop
- Face takes shape with eyes, nose, ears & upper lip
- All limbs form with bones along with fingers & toes
- Internal reproductive organs are forming
- Brain connections are forming
- Movement begins

11 WEEKS - 16 WEEKS 6 DAYS

- Profile well-defined
- Eyes are open
- Fingerprint ridges start forming from the friction of touch
- Fingernails and irises in the eyes develop
- External genitalia are forming
- Kidneys produce urine
- Teeth are forming

17 WEEKS - 20 WEEKS 6 DAYS

- Swallowing and sucking
- Joints are developed
- You begin to feel movement, flutters turn into kicks/jabs
- Eyebrows and lips fully forming
- Senses are developing such as smell, vision, touch/pain, taste, and hearing (including hearing your voice)



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optionswomenscarecenter.org

Disclaimer: This fact sheet is designed to be an informational tool only. It is not intended to provide medical advice or replace care from a qualified medical practitioner.

PARENTING



YOUR OPTIONS

THE BEST DECISION IS AN
INFORMED DECISION

AM I EQUIPPED TO PROVIDE FOR A CHILD?

Parenting can be very rewarding. It can also be hard work. Parenting will bring changes and challenges to your life. Although it may feel impossible, many women find that they have the strength already inside them to overcome.

There are a variety of resources available in your community. Local organizations can come alongside you to help with material items and resources, like food, diapers, child care, and much more.

- Muskegon Pregnancy Services
- Catholic Charities
- Love INC
- WIC

Friends and family may be willing to support you, as well. Family members can help to provide housing or daycare. For some, they can just be a great source of encouragement.

Raising a child will bring more expenses, but the thing they require most is love and attention.

HOW CAN I KNOW IF THIS IS THE BEST DECISION FOR ME?

The best decision is an informed decision. Taking the time, gathering the information, and seeking counsel will help you feel assured that you have made the best choice.

Talk openly and honestly with your family and friends. Those who know you best can help you as you consider becoming a parent and all the many changes it will bring to your life.

Raising a child is a full-time job and thinking through the challenges that come with the responsibilities will help you be the best parent you can be, if that is your decision.



WE ARE HERE FOR YOU

Your final decision regarding the outcome of your pregnancy lies with you. In order to do so, you must have accurate information. We are committed to giving you the answers you need by providing medically accurate information.

IS THE FATHER OF THE BABY REQUIRED TO HELP ME?

Fathers do have legal rights established by law in each state. These rights will vary from state to state. If you decide to parent, he will have a responsibility to help support your child. Many states will help you pursue court-ordered child support from the father of the baby.

HOW CAN I POSSIBLY AFFORD OR HANDLE ANOTHER CHILD?

Adding another child to your life can feel like an overwhelming decision. Because you have been down this road before, you have an advantage in making the best decision for you. You already know what it takes to provide and care for another child. This knowledge will help you when you are weighing your options. It may also help you when seeking out resources you need to care for another child.